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Alpha Lambda Delta National Honor Society

CHARACTER

SCHOLARSHIP



INNOVATION

EXCELLENCE



FELLOWSHIP

Spring 2023 Newsletter

February.....page 1
March.....page 2
April.....page 7



ALLISON TUTTLE
NEWSLETTER CHAIR

Letters of Love

February 16

BY EMMA RATNAVEL



During this community service event, we made Valentine's Day cards—or as we liked to call them—letters of love. We gathered in the student union to write cards for the residents at the Mansfield Center for Nursing and Rehabilitation. This event was special to me because I volunteer at this nursing and rehabilitation center every week with Generations Connect, a service club on campus. Being able to write cards for residents that I have gotten to know so well was really special to me. I know that they will greatly appreciate our cards, and they will be thrilled to receive Valentine's Day cards from students like me and our other ALD members. We got to decorate our cards with stickers, markers, colored paper, and more. I can't wait to tell the residents about our ALD event when I go back to visit them next week!





Cookie Decorating

March 2

BY EMMA RATNAVEL

On a chilly Thursday night, we gathered in the student union to decorate cookies. We used sugar cookies, frosting, colored icing, and sprinkles to decorate the cookies. I made a cookie with a pink letter E for my name, Emma. My fellow ALD members made cookies with a smiley face and with green icing. This was a fun way to relax before I headed over to my figure skating team practice. I had a lot of fun relaxing and decorating the sugar cookies!

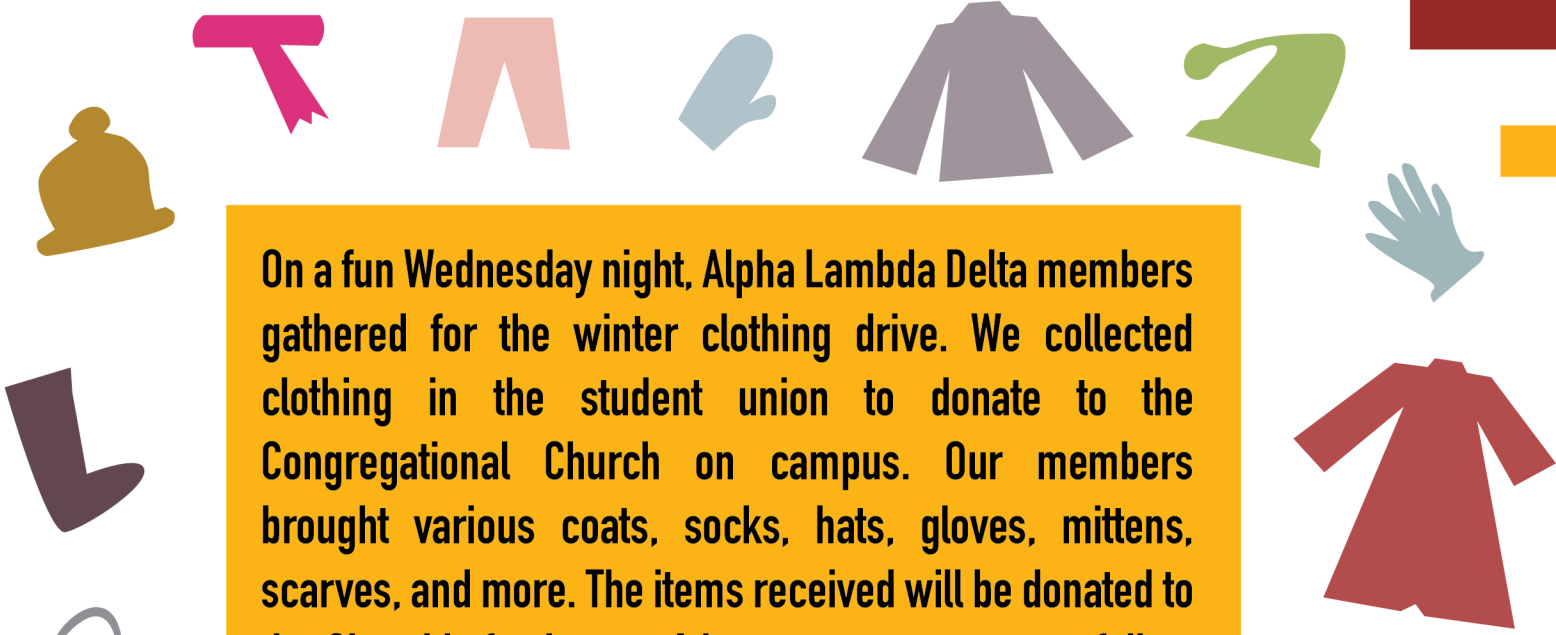


Winter Clothing Drive

March 8

BY EMMA RATNAVEL

On a fun Wednesday night, Alpha Lambda Delta members gathered for the winter clothing drive. We collected clothing in the student union to donate to the Congregational Church on campus. Our members brought various coats, socks, hats, gloves, mittens, scarves, and more. The items received will be donated to the Church's food pantry! It was great to see my fellow Alpha Lambda Delta members for such a great cause!



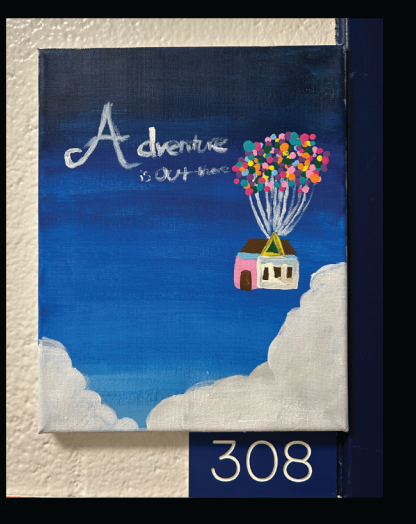
Paint Night

March 8

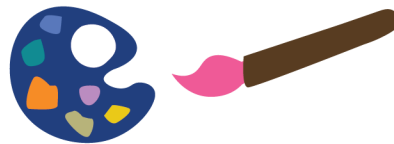
BY ALICE DURSO



On Wednesday, March 8, 2023, I attended ALD's paint night at 8 pm with a few other members. At paint night, we were given canvases and paint materials and told to have fun and be creative. I enjoyed the event because it occurred during midterm week, which can be stressful for most students. However, I felt the event was an opportunity to destress and relax, especially right before spring break. I ended up painting a scene from the movie UP—the house floating in the sky with all the balloons. The painting is now hanging outside my dorm door and displayed for my floormates. Also, I met other members and connected with them, and I had some great conversations. The paint night event hosted by ALD was my first time attending, but I intend to visit another one soon and recommend other members do the same!



BY EMMA RATNAVEL



On a late Wednesday night, Alpha Lambda Delta gathered for a relaxing and fun paint night. We got together in the student union and painted. I was really impressed with everyone's painting skills. I spent the time painting a colorful flower and butterfly. I enjoyed using many vibrant colors in my painting because it made me feel calm. I got to talk with my fellow ALD members about our spring break plans. It was a great way to relax after my figure skating practice!



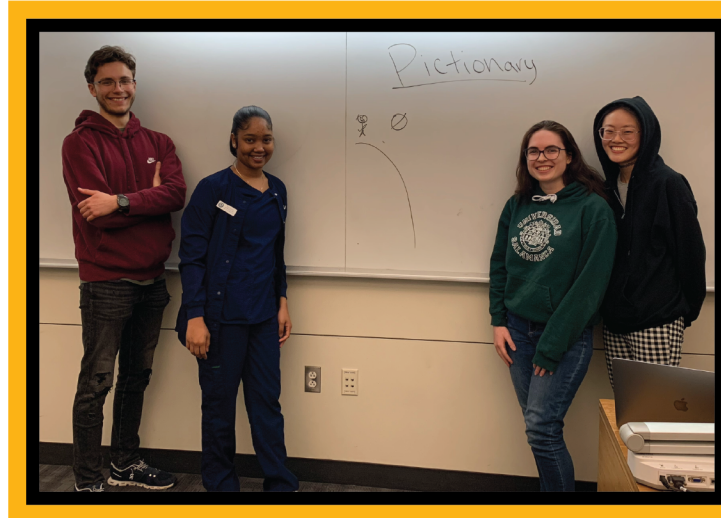


Pictionary Night

March 27

BY ALLISON TUTTLE

As March drew to a close, ALD members gathered for a night of fun and games in Oak Hall. Laughter and smiles abounded as we began round after round of the classic game, Pictionary, but with an extra-challenging twist. With it being such a busy time with exams and projects, I enjoyed the opportunity to relax and unwind. It was a great way to meet new people in ALD and bond over a fun event. I would definitely attend something like this again in the future!




ALD INDUCTION CEREMONY

Wednesday,
March 29, 2023




Eat, Drink & Support

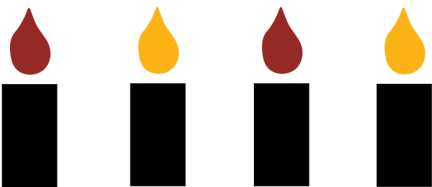


March 29th
5pm to 9pm

Mention Alpha Lambda Delta to your server to have 10% of your meal total go towards the United Nations Refugee Agency to support our national service project



Alpha Lambda Delta
The Honor Society for
First-Year Academic Success



Induction Ceremony

March 29

BY ANNA HEQIMI



The induction ceremony for the University of Connecticut chapter of Alpha Lambda Delta took place on Wednesday, March 29th at 6pm at the Jorgensen Auditorium. Freshmen who earned a GPA of 3.5 or greater during their first semester were sent an invitation via email/mail to join this honor society.

The ceremony held was lovely. Students dressed in formal attire and upon entry signed their name in a notebook as their final step of acceptance in ALD. Once a student signed their name, they entered the auditorium, where they received their ALD pin and had the opportunity to purchase merchandise such as ALD shirts and hoodies. The opening remarks were made by David Ouimette, the ALD Chapter Advisor at the University of Connecticut, congratulating us for our academic achievement, mentioning that such accomplishment should not be overlooked but must be continuous during our remaining years in college. The president of the Chapter, Alyssa Perugini, also held some remarks congratulating us before then introducing us to the incoming president.

Although the ceremony was made mostly of speeches and recognizing the winners of various ALD scholarships, the moment that I enjoyed the most was when all of us being inducted rose and stated the ALD pledge while Ms. Perugini lit up a large singular candle. The lighting of the candle represented the mission that ALD has, which is to “encourage superior academic achievement, promote intelligent living, a high standard of learning, and to assist students in recognizing and developing meaningful goals in society”. I thought the lighting of the candle demonstrated perfectly the mission of ALD, as the fire symbolizes students’ strive for success and the knowledge that they gain through their tireless dedication to perform excellently in the classroom and in their community.

The only thing that could have made the ceremony even better than it already was, was if students walked along the stage, received their certificate, and walked back to their seats, for more personalized recognition. Yet, I do know that since hundreds of students were accepted into ALD and were present for the ceremony, it would have been extremely time consuming for everyone to walk across the stage one by one.

The ceremony ended with a group photo, making me truly feel a part of the ALD community. Overall, the ceremony was a wonderful experience with professionalism and recognition held throughout the event.



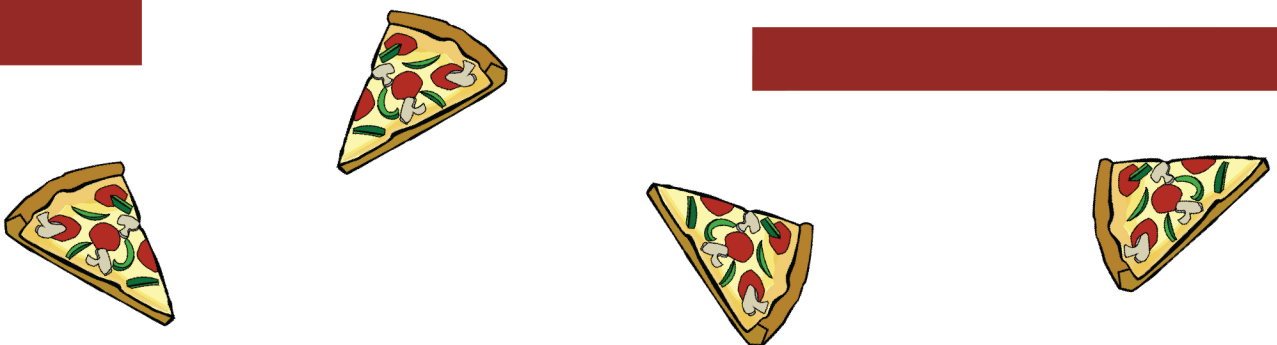


Pizza Party

March 31

BY AVA COUTU

On March 31st, ALD members got together for a pizza party. This was the first meeting I have personally attended, as I was inducted two days before. As we were all seated waiting to get a slice of pizza, members were talking to each other and making new friends since more than half of the members there were newly inducted. Once we settled in and ate our pizza, someone came up with a game to play to break the ice and have some fun. So, we played a game where everyone wrote a noun on a piece of paper and put it on the table in the front. It was a little bit like charades, but more complicated. The first round was using words to describe what the noun was on your paper, the next round was acting out the noun using no words, and the last round was only saying one word to describe the noun without using the noun. Your teammates had to guess the noun you had on the paper, and the catch was to remember the words on the papers since we reused them each round. It was a really fun night meeting new people that are a part of the society and bonding through a fun game. The night was filled with pizza and laughs and was a great first meeting for new members to go to.



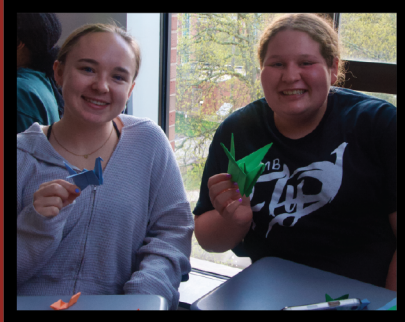
Origami & Cookies Night

April 17

BY ALLISON TUTTLE



ALD's origami night was a very enjoyable event, complete with cookies to snack on! Held on a Monday night at Oak Hall a couple of weeks before finals, it was the perfect way to take some time off from the constant flow of work to participate in a fun activity. The last time I did origami was in elementary school, so I enjoyed the opportunity to try it again, and I learned how to make a paper crane. I'm so glad that I attended this event and was able to connect with other ALD members and create something new!



Flower Planter Decorating

April 27

BY STEPHANIE STARRS

On Thursday, April 27th, Alpha Lambda Delta held a flower planter decoration night. This was the perfect way to get into the Spring spirit, and a great way to unwind before final exams! Students gathered in Student Union 106A, where there were a multitude of flower planter pots, paint brushes, and paints. Chairs were set up for members around a large table for them to sit down and paint. Roughly 20 people attended, and everyone was very creative with their painting. Once their flower planter was dry, students even got the opportunity to put a flower seed and some soil in the flower planter! There was garden soil available to put in the planter, along with a wide variety of flower seeds to choose from! Some choices of flower seeds included sunflower, marigold, calendula, zinnia, and more. Overall this event was very well organized, and gave students a perfect way to relax before the most stressful week of the semester. Hopefully this event will return in upcoming semesters.



Letter from the Chair



Another semester has flown by, and I find myself looking back on ALD's journey as I assemble the spring newsletter. This semester was filled with so many wonderful memories. We participated in several service projects and community events, and we also took some time to unwind and get to know one another through a variety of fun activities. I am so grateful for everyone's enthusiasm and participation throughout the semester. You, the members of ALD, are what make our society so special.

This semester also ushered in a time of change. We welcomed over 500 new members at the induction ceremony, and we also said goodbye to our graduating members. ALD is especially grateful to Alyssa, Brianna, Kaylin, Kayla, and Aryanna, who served on the executive board with dedication and spirit. You will be missed!

I would like to thank those who helped to make this newsletter possible. My biggest appreciation is for the wonderful newsletter writers who dedicated their time and talent. Emma, Alice, Anna, Ava, and Stephanie, you all wrote such wonderful reflections, and I appreciate your willingness to share your voice and showcase ALD's spirit of community and service.

I am grateful to have met so many of you this semester, and I look forward to another year as ALD's Newsletter Chair. I am excited to see where the next semester will take us!

All my best,
Allison Tuttle
ALD Newsletter Chair

